

# EVENT RESUME



## USA Wrestling 2026 Central Regional Championship

Location: Norton Healthcare Sports & Learning Center  
Dates: May 14-17, 2026  
Attendance: Over 3,500 attendees per day



### DESCRIPTION

This will be the 2<sup>nd</sup> year that Louisville will host the USA Wrestling Central Regional Championship. Athletes 16 and under will compete in the Central Regional Championships as well as adults being able to compete in Freestyle and Greco-Roman Styles. This will be a qualifier for the 2026 Junior National Championships in Fargo North Dakota in July.



### SCHEDULE

Basic daily schedule:

#### **Wednesday 5/13**

4pm-6pm Coach Credential Pick-up  
4pm-8pm practice

#### **Thursday 5/14**

6am-7:30am practice  
7:30-9am weigh-in  
9am Doors open to public  
10am-7:30pm matches take place

#### **Friday 5/15**

6am-7:30am practice  
7:30-9am weigh-in  
9am Doors open to public  
10am-5:30pm matches take place

#### **Saturday**

6am-7:30am practice  
8am Doors open to public  
9am-10pm matches take place

#### **Sunday**

7am practice  
9am Doors open to public  
10am-4pm matches take place

Complete Schedule will be posted at

<https://usawrestlingevents.com/event/2600005302/schedule>

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## DINING

Attendees will be on their own for *ALL MEALS*.

Please note **that breakfast will need to be open by 6am** for those teams that have morning matches if that is available at hotels as doors open to the venue at 7am. If restaurants are able to open by 6am that would be helpful. Grab and go food with protein would be helpful as athletes will not want a large breakfast. Norton Healthcare Sports & Learning Center will have concession open during the day, but team will typically not stay the entire day at the venue. **Larger lunch and dinner rushes** as well as late night options.



## TRANSPORTATION

### Parking

Onsite parking is available at Norton Healthcare Sports & Learning Center

Shuttle: No transportation is being offered by the event. If hotels have shuttles available, please post so guests are aware in advance.

### In-Bound Travel

Air Travel: 10%

Auto Travel: 90%



## ACCOMMODATIONS

Hotels:	Downtown hotels will be used
Heavy Arrivals:	Wednesday May 13 <sup>th</sup> and Thursday May 14 <sup>th</sup>
Heavy Departures:	Sunday May 17 <sup>th</sup> & Monday May 18 <sup>th</sup>



## PRESS CONTACT

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## DIGITAL MEDIA

Website: <https://usawrestlingevents.com/event/2600005302>



## LOUISVILLE TOURISM STAFF

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